

St Mungo's Church Statement on Domestic Abuse

Domestic abuse in all its forms is contrary to the will of God and an affront to human dignity.

Recognising domestic abuse

Anyone can be a victim of domestic abuse. It can affect men and women, regardless of culture, sexuality, religion, age or class. It can also affect children, even if they're not directly experiencing abuse.

What is domestic abuse?

It is a pattern of controlling, coercive, threatening, degrading and/or violent behaviour, including sexual violence, by a partner or ex-partner.

What signs to look for

If you believe that you or someone else could be a victim of domestic abuse, there are signs that you can look out for including:

- being withdrawn, or being isolated from family and friends
- having bruises, burns or bite marks
- having finances controlled, or not being given enough to buy food or pay bills
- not being allowed to leave the house, or stopped from going to college or work
- having your internet or social media use monitored, or someone else reading your texts, emails or letters
- being repeatedly belittled, put down or told you are worthless
- being pressured into sex
- being told that abuse is your fault, or that you're overreacting

All forms of domestic abuse are wrong and must stop. We are committed to promoting and supporting environments which:

- ensure that all people feel welcomed, respected and safe from abuse.
- protect those vulnerable to domestic abuse from actual or potential harm.
- recognise equality amongst people and within relationships.
- enable and encourage concerns to be raised and responded to appropriately and consistently.

We recognise that:

- all forms of domestic abuse cause damage to the survivor and express an imbalance of power in the relationship.
- all survivors (regardless of age, disability, gender, racial heritage, religious belief, sexual orientation or identity) have the right to equal protection from all types of harm or abuse.
- domestic abuse can occur in all communities.
- domestic abuse may be a single incident, but is usually a systematic, repeated pattern which escalates in severity and frequency.
- domestic abuse, if witnessed or overheard by a child, is a form of abuse by the perpetrator of the abusive behaviour.



• working in partnership with children, adults and other agencies is essential in promoting the welfare of any child or adult suffering abuse.

We will endeavour to respond to domestic abuse by: In all our activities –

• valuing, listening to and respecting both survivors and alleged or known perpetrators of domestic abuse.

In our publicity -

 raising awareness about other agencies, support services, resources and expertise, through providing information in public and areas of relevance to survivors, children and alleged or known perpetrators of domestic abuse.

When concerns are raised -

- ensuring that those who have experienced abuse can find safety and informed help;
- working with the appropriate statutory bodies during an investigation into domestic abuse, including when allegations are made against a member of the church community.

In our care –

- ensuring that informed and appropriate pastoral care is offered to any child, young person or adult who has suffered abuse;
- identifying and outlining the appropriate relationship of those with pastoral care responsibilities with both survivors and alleged or known perpetrators of domestic abuse.

If you have any concerns or need to talk to anyone, please contact

Helen Yewdall Safeguarding Co-ordinator Vulnerable Adults <u>helen.yewdall@stmungos.org</u> David Lyons Safeguarding Co-ordinator Children and Young People david.lyons@stmungos.org

External support can be found by contacting:

<u>Home - Restored (restored-uk.org)</u> <u>Scottish Women's Aid | Changing attitudes, changing lives. (womensaid.scot)</u>